

HEALTHY SMILES PAN-LONDON PILOT:

TACKLING ORAL HEALTH INEQUALITIES IN CHILDREN LOOKED AFTER

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INTRODUCTION

Inequalities exist for Children Looked After (CLA) in terms of unmet dental needs and access to dental services. ¹ There is a statutory requirement for CLA to have a minimum of one oral health assessment annually. ² There are approximately 10,000 CLA in London ³ and the COVID-19 pandemic had significant impacts on accessing dental services.

OBJECTIVES

Co-development and evaluation of a pilot with CLA teams and carers to enhance access to dental services and promote oral health.

METHODS

The pilot was co-developed with CLA and dental teams which included a dedicated pan-London clinical care pathway consisting of 17 volunteer NHS dental practices and a triage referral service. Training of dental teams and CLA teams was undertaken. The pilot was promoted via CYP Networks, London Councils, Greater London Authority,

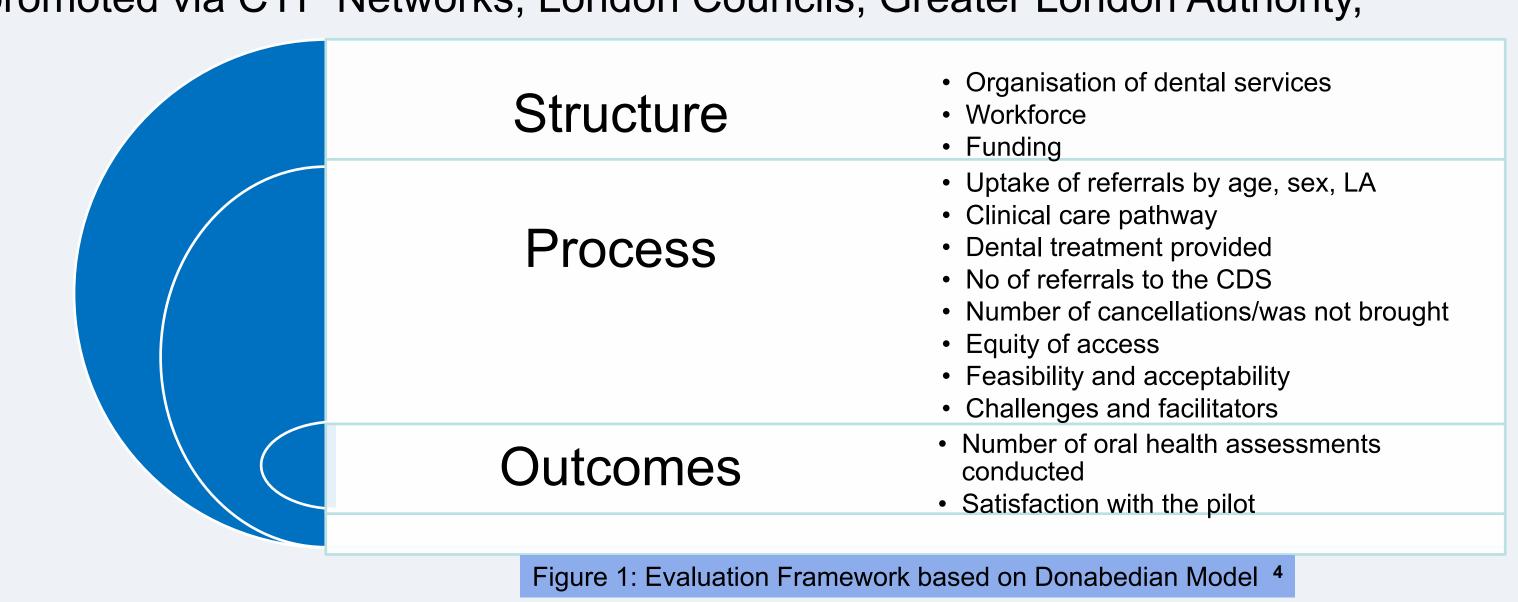
Association of Directors of Public Health London, safeguarding networks and carer's networks.

Peer-reviewed resources were co-developed for carers and CLA teams.

An evaluation framework has been developed to assess:

- Accessibility of the pilot, dental activity and uptake of oral health assessments
- Acceptability among carers, CLA teams and dental teams by conducting focus groups and semi-structured interviews
- Costs of the pilot including workforce requirements and financial costs
- Sustainability of the pilot in terms of utilisation, costs and accessibility

Ethics approval was given from QMUL (QMWEC22.226).



LOCAL AUTHORITY WHERE CHILD RESIDES

SOURCES OF REFERRALS INTO THE PILOT

RESULTS

Process Evaluation

1. Uptake of referrals

There were 505 referrals over 10 months across 33 London boroughs.

There was variation in referrals by local authority; the majority being from NE London:

Redbridge (22.8%), Tower Hamlets (13.3%), Havering (6.5%) and Barking & Dagenham (5.0%). (Figure 2)

Sources of referrals into the pilot were as follows:

- 38.0% Social Workers
- 23.8% Nurses
- 12.5% Key Workers
- 11.5 % Carers
- 4.2% Support Workers
- 2.4% Doctors
- 2.0 % Managers2.0% CLA teams
- 1.8% Unknown
- 1.6% Local Authority
- 0.4% Practitioners

(Figure 3)

2. Dental access and treatment provided

Collection of dental activity has been challenging.

Data collected by practices over the first 6 months showed there was a small proportion of children who did not attend their appointments:

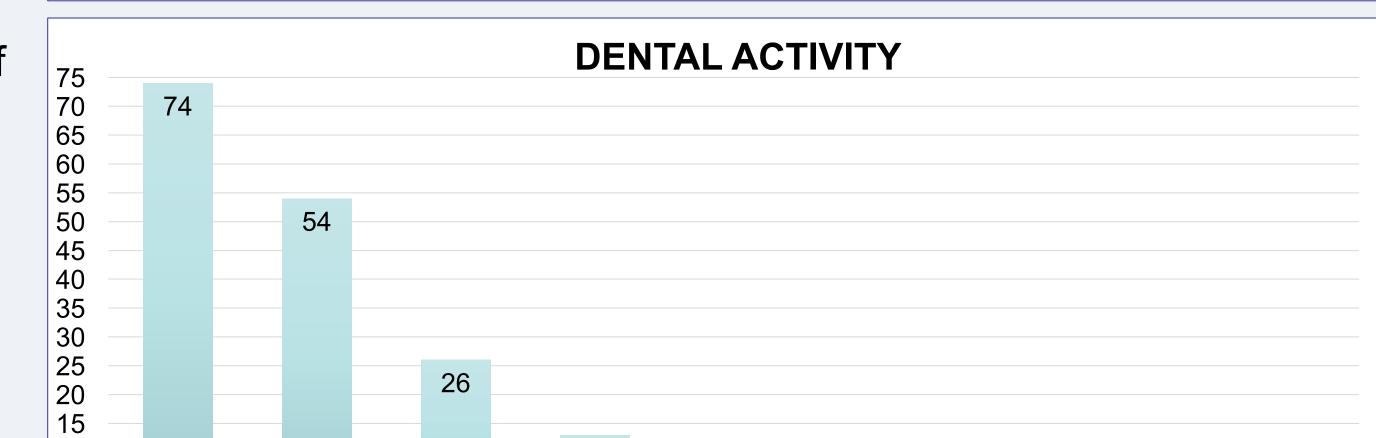
- Out of 206 booked appointments:
 - 13 patients cancelled (6%),
 - 32 patients "Were Not Brought" (16%)
- Dental activity data collected by practices from the first 6 months of the pilot:

74 fillings, 54 advice, 26 other, 13 fluoride varnish, 11 simple extractions, 10 sealants, 9 extirpation of pulp, 9 antibiotics, 5 stainless steel crowns. (Figure 4)

3. Informal Feedback

Feedback from carers and CLA teams has been positive and evaluation is currently ongoing. Quotes from CLA teams on feedback from carers and teams:

- •"Verbal feedback from Social workers and Carers was good, stating it was great they could arrange dental appointments for CYP this way that otherwise would not have been possible due to the long dental W/Ls. They appreciated the service."
- "Wish this [service] was around years ago"
- •"[Carers are] very pleased to have access to dental care"



Extractions

13

Figure 3: Source of referrals from triage referral service data

Practitioner

Unknown

CLA team

Key worker

Support Worker

Figure 4: Data provided by practices of dental care provided

Local Authority

Carers

■ Nurses

Admin/service manager/home manager

Doctors (GP, Paediatrician, CLA Doctor)

Extirpation Antibiotics

of pulp

CONCLUSIONS

- The pilot has been extended to further enable children to be referred into the pilot as referral numbers have been relatively low.
- The pilot may be amended to include care leavers.
- Evaluation of the pilot is currently being conducted and lessons learnt will be shared across children and young people's networks.

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Stainless

Steel

Crown

Figure 2: Referrals to the pilot by local authority